

WHAT WILL YOU FIND AT THE MARKET?

Gorgeous hanging baskets of brightly colored flowers.
Pots of aromatic herbs for your kitchen.
Mouth watering fresh home-grown fruits and vegetables.
Honey and butters you can't find in any store.
Fresh meats: beef, chicken, pork, turkey in season.
Fresh eggs.
Special treats for your pets.
Home-made noodles, breads, pastries, jams and jellies, cheeses, soups and patés.

You'll find all this and more at the Mainstreet Association's Farmer's Market in Michigan City, Indiana, on the southern shores of Lake Michigan.

The Mainstreet Association sponsors the Farmer's Market every Saturday from May through October on the corner of 8th and Washington Streets in Michigan City. Open from 8am until Noon, the Farmer's Market (just one block east of Lighthouse Place Outlet Mall) features locally-grown fruits and vegetables in season as well as craft items, flowers, and herbs. This Farmer's Market offers entertainment and education, as well, through local organizations. The Michigan City Fire Department often brings the EDITH House to the Market, educating children and their parents on how to escape a smoke-filled building. Bake sales, wine tastings, artist displays and other special events will take place at the Farmer's Market this season.

For details and directions, call 219/363-1407.



FARMERS MARKET

Michigan City
Mainstreet Association
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Why Buy Local?

Have you ever thought about where many of the products you purchase come from or where your dollars go when you spend them?

There are a number of reasons that we as responsible consumers should think about who we are supporting with our dollars and whether or not those dollars stay in the community. The farmers of LaPorte County have a long history as producers of a diverse market basket of high quality products including such crops as corn, soybeans and wheat, and such livestock related products as beef, pork, lamb, chicken, cheese and eggs.

Many consumers are more familiar with the diversity of summer farm products available direct from LaPorte county farms and gardens through local farmers' markets, such as the one sponsored by the Michigan City Mainstreet Association, in Michigan City, Indiana.

The produce includes vine ripe tomatoes, dew fresh melons, green beans, sugar snap peas, zucchini, sweet corn, cucumbers, onions, potatoes, fragrant and delicious herbs, beautiful flowers and such fall crops as pumpkins and apples.

Fiber products including hay, wool, straw and timber are also produced here and should not be overlooked nor should the opportunity to spend time on an local farm that offers an agri-tourism venue.

Come to the Market this Spring, Summer and Fall, and introduce your family to the unique taste and nutrition of freshly picked, locally grown produce.



When you buy local food, you vote with your food dollar. This ensures that family farms in your community will continue to thrive and that healthy, flavorful, plentiful food will be available for future generations.



THERE ARE MANY GOOD REASONS TO BUY LOCALLY GROWN FOOD

YOU'LL GET EXCEPTIONAL TASTE AND FRESHNESS

Local food is fresher and tastes better than food shipped long distances from other states or countries. Local farmers can offer produce varieties bred for taste and freshness rather than for shipping and long shelf life.

YOU'LL SAFEGUARD YOUR FAMILY'S HEALTH

Knowing where your food comes from and how it is grown or raised enables you to choose safe food from farmers who avoid or reduce their use of chemicals, pesticides, hormones, antibiotics, or genetically modified seed in their operations. Buy food from local farmers you trust.

YOU'LL PROTECT THE ENVIRONMENT

Local food doesn't have to travel far. This reduces carbon dioxide emissions and packing materials. Buying local food also helps to make farming more profitable and selling farmland for development less attractive.

YOU'LL STRENGTHEN YOUR LOCAL ECONOMY

Buying local food keeps your dollars circulating in your community. Getting to know the farmers who grow your food builds relationships based on understanding and trust, the foundation of strong communities.

YOU'LL SUPPORT ENDANGERED FAMILY FARMS

There's never been a more critical time to support your farming neighbors. With each local food purchase, you ensure that more of your money spent on food goes to the farmer.

BUYING LOCAL IS EASY

Visit the Michigan City Mainstreet Association's Farmers Market every Saturday, 8am—Noon CST, from May through October at the corner of Wabash and 8th Streets.